

# Best Practices for Using Hand Sanitizer

When you can't use soap and water, use an alcohol-based hand sanitizer that contains at least 60% alcohol.

## Quick Facts about Hand Sanitizers

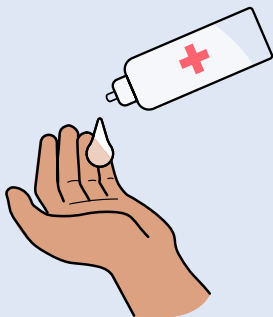
Sanitizers can quickly reduce the number of germs on hands in many situations. But here's what you might not know.



- Sanitizers do not get rid of all types of germs.
- Hand sanitizers may not be as effective when hands are visibly dirty or greasy.
- Hand sanitizers might not remove harmful chemicals like pesticides and heavy metals.
- Swallowing alcohol-based hand sanitizers can cause alcohol poisoning if more than a couple of mouthfuls are swallowed. Keep it out of reach of young children and supervise use.

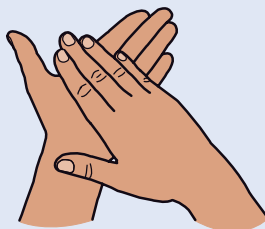
## How to Use Hand Sanitizer

1



Apply the gel product to the palm of one hand (for the correct amount, read the label).

2



Rub your hands together.

3



Rub the gel over all surfaces of your hands and fingers until your hands are dry. This should take around 20 seconds.