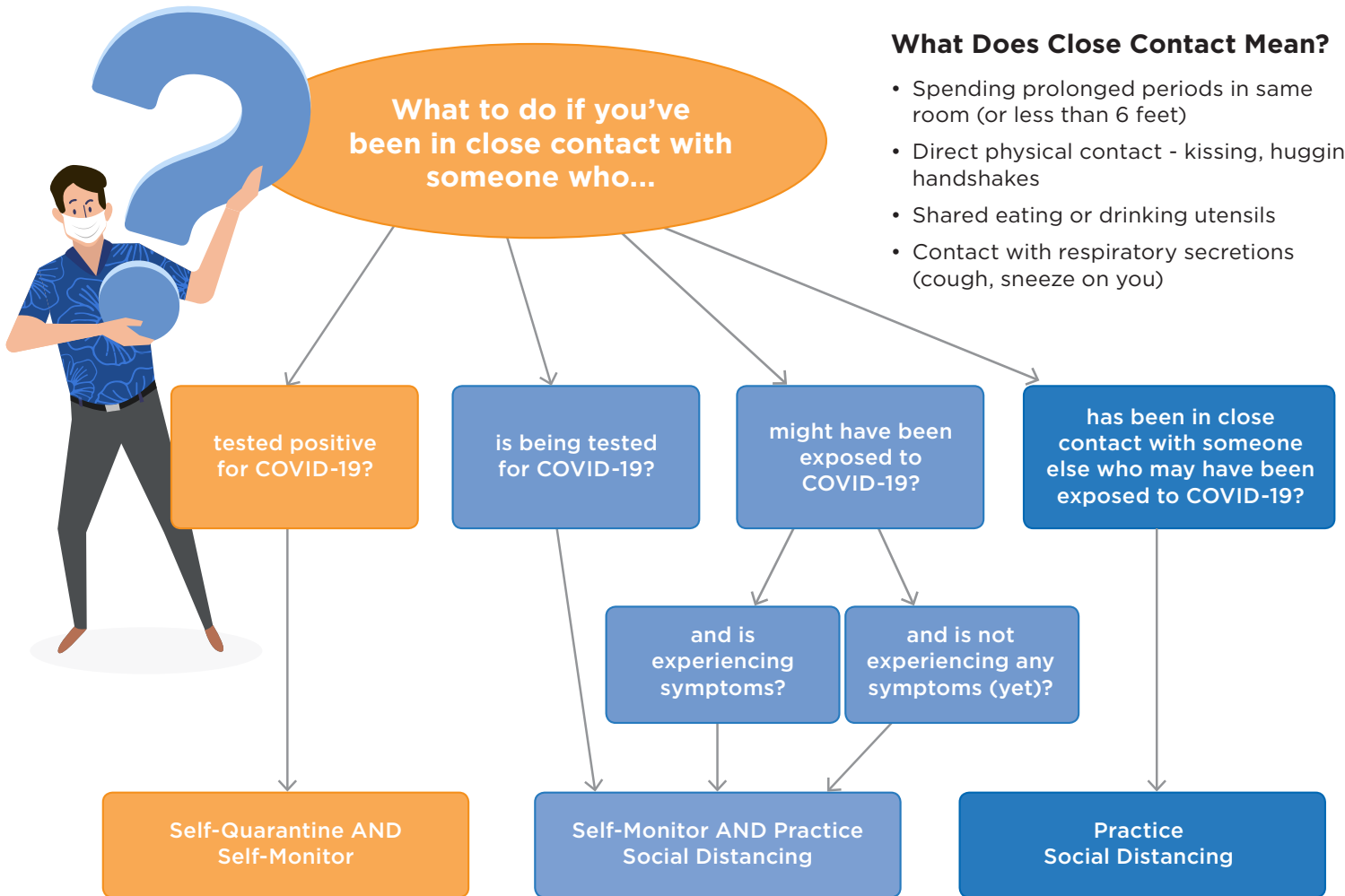


# WHAT TO DO FLOWCHART



## What Does Close Contact Mean?

- Spending prolonged periods in same room (or less than 6 feet)
- Direct physical contact - kissing, hugging, handshakes
- Shared eating or drinking utensils
- Contact with respiratory secretions (cough, sneeze on you)

## How Do I...



### Self-Quarantine

- Stay home for 14 days (after your last exposure).
- Avoid contact with other people.
- Don't share household items.



### Self-Monitor

- Be alert for symptoms of COVID-19, including a cough, shortness of breath/difficulty breathing, fever, chills, repeated shaking, muscle pain, headache, sore throat, or loss of taste or smell.
- Take your temperature every morning and night and write it down.
- Call your doctor if you have trouble breathing or a fever (100.4°F/38°C).
- Don't seek medical treatment without calling first!



### Practice Social Distancing

- Stay home as much as possible.
- Don't physically get close to people. Try to stay 6 feet away.
- Don't hug or shake hands.
- Avoid groups of people.

This material is provided for informational purposes only. It is not intended to constitute legal advice, and readers should consult with their advisor or counsel before taking any actions based on the information contained within this material.